

## DETAILED ITINERARIES:

### **SATURDAY - ALL:**

0730 Assemble at CCUMC Parking Lot  
Immediate departure when packed  
0945 Arrive Hancock,  
C&O Bicycle Store (9 S. Pennsylvania  
Avenue at the Canal)

### **SATURDAY - BIKERS:**

1015 Bikers depart for Great Cacapon on  
WMRT **with daypacks** (10 miles west)  
1215 Return to Hancock on WMRT or Towpath (Have Lunch) (cumulative 20 miles)  
1300 Bikers depart for Licking Creek on WMRT (8 miles east)  
1400 Bikers arrive Licking Creek vehicle access (cumulative 28 miles)  
1400 Exchange bikes for backpacks  
1415 Depart on foot for Licking Creek Camp (0.7 miles east **on Towpath**)  
1445 Arrive Licking Creek Camp

### **SATURDAY - HIKERS:**

1015 Hikers depart for Licking Creek on C&O Canal Towpath **with daypacks & lunch** (8 miles east)  
1215 Arrive Little Pool Camp (Enjoy Ready-to-eat Lunch brought with you)(4 miles done/half-way)  
1245 Hikers depart on Towpath for Licking Creek (4 miles east)  
1445 Arrive Licking Creek vehicle access  
1445 Pick up backpacks  
1500 Depart on foot for Licking Creek Camp (0.7 miles east **on Towpath**)  
1530 Arrive Licking Creek Camp

### **SATURDAY - ADULTS SHUTTLING EQUIPMENT:**

1015 Depart Hancock for Licking Creek vehicle access  
1045 Arrive Licking Creek vehicle access  
(**stop midway along access road, immediately after crossing WMRT**)  
1100 Take gear to Licking Creek Camp via secret shortcut through woods (0.25 miles)  
(**~20 ft S of WMRT crossing, on E side, overgrown trail drops off road down hill - follow to aqueduct, then take Towpath another 100 ft or so E to Licking Creek Camp**)  
1130 Arrive Licking Creek Camp, set up your own tents, and secure camp  
1200 Enjoy Ready-to-eat Lunch brought with you  
1215 Return to vehicles, drive to end of road at C&O Canal Towpath crossing  
(**at this point you can intercept those coming along Towpath - someone/or sign needs to be at WMRT crossing to direct those coming along WMRT to the vehicles**)  
1230 Wait for arrival of bikers and hikers (disperse backpacks & collect bikes)  
After all bikers and hikers are accounted for, return to Licking Creek Camp for night

### **SATURDAY - ALL - UPON ARRIVAL AT LICKING CREEK CAMP:**

The sun gets noticeably low shortly after 4 PM (1600 hours). It is totally dark by 5 PM (1700 hours). Because of this, immediately upon arriving at Licking Creek Camp:

- (1) Set up tents
- (2) Gather and cut firewood for dinner, evening, and morning fires
- (3) Start fire
- (4) Dinner: Prepare, eat, cleanup, and prepare camp for dark

#### Bring for hiking/biking:

Bikers: **Helmet**, bike, gloves,  
headcover, lunch money

Bikers & Hikers:

Daypack

Water (2 liters)

Lunch & Snacks

First Aid Kit

Extra Clothing

Raingear

Light

Trash Bag

+ Other desired items from web page "Pack Lists/10 Essentials"

#### For Camping:

Backpacks

Normal winter camping gear  
(see web page "Pack Lists")

Include extra water

Include extra snacks

Dinner, Breakfast, Cook Eqpt

(as planned by Patrols)

Money for Sunday Lunch

### **SUNDAY – ALL EXCEPT DRIVERS:**

0700 Awake, start morning fire, make & eat breakfast, cleanup  
0730 Brake camp, pack up, assist SPL in sweeping camp  
0800 Depart for Licking Creek vehicle access  
0815 Begin hike on TT north toward Pennsylvania  
1215 Arrive at vehicle extraction point

### **SUNDAY - DRIVERS:**

Drivers need to be at the Pennsylvania pickup point by 1100.

**EQUIPMENT FOR OVERNIGHT:** Normal gear for winter camping plus daypacks and biking/hiking items for Saturday (refer to lists on Troop Web Site – <http://www.t255.com> - click on Pack Lists). Be prepared for temperatures as low as 20 degrees F. Fires are allowed in the established fire rings and ample firewood will be available but probably will have to be cut. Toilets will be available (bring toilet tissue, in case).

#### **Bring for hiking/biking:**

If biking-bike & lunch money  
Daypack  
Water (2 liters)  
Lunch & Snacks  
First Aid Kit  
Extra Clothing  
Raingear  
Light  
Trash Bag  
+ Other desired items from web page “Pack Lists/10 Essentials”

#### **For Camping:**

Backpacks  
Normal winter camping gear  
(see web page “Pack Lists”)  
Include extra water  
Include extra snacks  
Dinner, Breakfast, Cook Eqpt  
(as planned by Patrols)  
Money for Sunday Lunch

### **FOOD:**

Saturday Lunch on trek - If hiking, Ready-to-Eat lunch  
- If biking, Ready-to-Eat lunch or money to buy lunch in Hancock  
Saturday Dinner in camp - **details to be planned by Patrols**  
Sunday Breakfast in camp - **details to be planned by Patrols**  
Sunday Lunch - Money for fast-food stop

Snacks for Saturday and Sunday - We all exert a lot of energy hiking/biking. You should bring snack food to have at the ready during the day activities. Candy-like items could satisfy part of this need, but other, more-nutritious snacks should be included - such as trail mix, NutriGrain bars, fruit, granola bars, etc. A favorite of mine is packaged peanut butter crackers. Also consider making a double lunch – we always eat more when on a trek.

**WATER:** There will be no water available along the hiking/biking routes or at camp, so plan to bring what you need. We will transport water in the vehicles and this will be available at the vehicle access 0.25 miles from camp - so you can refill there late Saturday and first thing Sunday.

Bring from home and carry with you **2 liters (or quarts) for Saturday’s hiking/biking**. Bring from home another **2 liters in your backpack for Saturday at camp** for cooking and drinking. We can **refill your 2 liters at the vehicles prior to departing on Sunday’s hike**.

**By all means drink the water.** This will keep you from dehydrating and getting headaches, or worse. Figure on consuming 2 liters per day during hiking/biking. Drink at home before you leave. Drink before departing on hiking/biking. Drink while hiking/biking. Drink while at camp.

### **Adults also bring:**

Additional water to distribute at vehicle access for Saturday and Sunday  
Stoves and fuel  
Saw for preparing firewood  
Maybe tarps, poles, ropes, pegs - if inclement weather possible  
Maybe some supplemental firewood  
Maybe lantern and fuel

#### **1. Directions: Chevy Chase to Hancock Start Point (~1 hr, 30 min)**

0.0 mi Depart Chevy Chase United Methodist Church  
33.5 mi(0:32) Take I-270 to Exit 32, I-70 West (this is I-70 Exit 53)  
83.5 mi Take I 70 Exit 3 (LEFT EXIT) MD 144 toward Hancock  
84.0 mi Turn right onto MD 144/Main Street  
85.5 Turn left onto Pennsylvania Avenue  
Assemble at parking near C&O Canal and C&O Bike Store

#### **2. Directions: Hancock to Licking Creek Camp**

Take I-70 E  
Take I-70 Exit 9, US 40 E  
Right on US 40 E  
Turn right at bridge construction barrier (Bridge is closed)  
Follow 1-lane access road to WMRT crossing or to end for Towpath crossing

#### **3. Directions: Licking Creek Camp to Tuscarora Trail Terminus**

Drive out access road and turn L on US 40 W  
Proceed ~½ mile to on-ramp for I-70 W  
Take I-70 Exit 5, MD 615  
Go L on MD 615 N (US 40 Detour)  
In ~¼ mi turn R on Hollow Road  
Proceed ~2.1 mi, bear R at Weller Rd on L  
Continue ~1.4 mi, pass Orchard Ridge Rd on R  
Continue ~0.3 mi on PA 456, cross Licking Cr, PA/MD border  
Proceed ~1.4 mi on PA 456, then turn right onto Mill Rd  
Continue ~0.4 mi, cross Cove Cr  
Continue ~0.7 mi to grass pull-off (size for 3 cars) on L (Tuscarora Trail crossing is just beyond on R)  
**(If you see Forge Rd on L, you have gone too far - TURN AROUND and go back 0.2 mi to pull-off.)**

#### **4. Directions: Tuscarora Trail Terminus to Chevy Chase**

Proceed SE on Mill Rd  
Pass Forge Rd on L  
Continue across PA/MD border on what is now Indian Springs Rd (stay on this until US 40)  
Pass prominent farm on L (white house, 1 tall & 1 short silo)  
Bear L at Mooresville Rd on R  
Keep straight past Catholic Church Rd on L  
Keep straight past Keefer Rd on R  
Bear R at Lanes Run Rd on L  
Turn R onto US 40 W  
Immediately turn left onto MD 56  
At I-70 interchange take I-70 E  
At I-70 Exit 53 take I-270 S toward Washington  
You know the rest

**5. Directions: Chevy Chase to Licking Creek and Little Pool Camps**

0.0 mi Depart Chevy Chase United Methodist Church  
33.5 mi(0:32) Take I-270 to Exit 32, I-70 West (this is I-70 Exit 53)  
81.5 mi Take I-70 Exit 5, MD 615  
Left on MD 615 N (US 40 Detour)  
Left through underpass (sign to Little Pool, Hollow Rd on R)

**For Little Pool:** Take immediate R after underpass into parking

**For Licking Creek:** Take L after underpass onto I-70 E

Take I-70 Exit 9 to US 40 E

Right on US 40 E

Turn right at bridge construction barrier

Follow 1-lane access road to end

**6. Directions: Chevy Chase to Tuscarora Trail Terminus (~1 hr, 30 min)**

0.0 mi Depart Chevy Chase United Methodist Church  
33.5 mi(0:32) Take I-270 to Exit 32, I-70 West (this is I-70 Exit 53)  
74.3 mi(1:08) Take I-70 Exit 12, Turn R onto Rt 56 W toward Indian Springs

0.0 mi Restart mileage at Exit 12

1.0 mi Continue on MD 56, Past Indian Springs Campground on L

1.3 mi Turn R on US 40 E

1.4 mi Immediately Turn L on Indian Springs Rd

2.3 mi Bear L at Unmarked Rd on R

2.4 mi Bear L at Lanes Run Rd on R

4.1 mi Keep Straight past Keefer Rd on L

5.1 mi Keep Straight past Catholic Church Rd on R

5.2 mi Bear R at Mooresville Rd on L (L goes to Camp Harding Co. Park)

7.0 mi Pass prominent farm on R (white house, 1 tall & 1 short silo)

7.5 mi Continue across Franklin Co. (Warren Township) PA line

7.6 mi Bear L onto Mill Rd at Forge Rd on R

7.8 mi Tuscarora Trail Start Point on L

7.9 mi Pull off on R (grass/gravel, no signs, 3-vehicle capacity)

**7. Directions: Hancock to Little Pool Camp**

Take I-70 E

Take I-70 Exit 5, MD 615

Right on MD 615

Right through underpass (Hollow Rd on L)

Take immediate R after underpass into parking