

Jeremy's Run – Shenandoah National Park **Saturday June 17 & Sunday June 18, 2006**

(Shakedown Hikes for Northern Tier, South Crew, and Lenhok'sen Crew)

Overview: **Saturday-**Leave Chevy Chase United Methodist Church (CCUMC); drive 2 hours to the Skyline Drive, Elkwallow Picnic Area just south of Elkwallow Wayside near Milepost 24. From this staging area will embark on the Jeremy's Run loop hike, camping for the night mid-way. According to "Circuit Hikes in Shenandoah National Park", Potomac Appalachian Trail Club, 14th edition, 1996: "The stream, Jeremy's Run, is one of the most beautiful streams in the Park." The trail that follows Jeremy's Run crosses the stream 14 times. **Sunday-** will return to the Elkwallow Picnic Area and depart for home at Noon+. We will stop for lunch about 1 PM at the Gainesville Subway (just south of intersection of US 29 and I-66). Will depart Subway at 1:30 PM for an arrival back at the Church at 3:00 PM.



Assemble: 7:30 AM Saturday at CCUMC.

Return: 3:00 PM Sunday at CCUMC.

Cost: \$10 for Park and camp fees and transportation

Food: Eat breakfast at home Sat before arriving at CCUMC. Bring bag lunch for Saturday. On the trail we will prepare Saturday dinner, Sunday breakfast per Crew-supplied food that mimics what NT and Lenhok'sen will provide. Bring money for Sunday lunch.

Water: Water available at the campsites. All Group 1 water will have to be purified. Suggest everyone carry at least two quarts to cover their own needs for drinking for both days. Bring more if you need it for cooking. We should "camel-up" (drink lots of water) at Elkwallow before our departure.

Cooking: Open fires are not allowed. Should carry 2 stoves per crew

Packing: NT and Lenhok'sen Crews need to pack in accordance with each crew's High Adventure requirements. THESE REQUIREMENTS ARE DIFFERENT. Read provided hand-outs and guides. NT hike is intended to get boots wet the first day and hike in wet boots for day two.

Directions:

- o From the Virginia Capital Beltway I-495.
- o West on I-66 to Exit 43, US Route 29, Gainesville.
- o Take US 29 (south or west) toward Warrenton.
- o At Warrenton do not take bypass but continue into town.
- o Turn right onto US 211 (south or west).
- o Enter Shenandoah National Park.
- o Get on Skyline Drive at Thornton Gap (aka Panorama).
- o Head North on Skyline Drive to Elkwallow Picnic Area (just south of Elkwallow Wayside near Milepost 24).

APPROVAL / PERMISSION SLIP

Approval/permission is granted by the parents/guardians of Boy Scout _____ for their son/Scout to participate in the activities of Troop 255, Chevy Chase, Maryland, National Capital Area Council, Boy Scouts of America.

Approval/permission is granted to the adult members of Troop 255 to authorize treatment of the Boy Scout named above in the event of an accident or emergency. Adult members of Troop 255 that authorize treatment of the Boy Scout in the event of an accident or emergency shall be released from any or all liabilities.

Tour permits will be obtained by Troop 255 as required.

This approval/permission is valid for the June 17-18, 2006 Jeremy's Run Backpacking Trip in Shenandoah National Park, Virginia.

Parent Signature

Parent Name (Print)

Date