

## ***Jeremy's Run, Shenandoah National Park, Virginia*** **Saturday September 27 – Sunday September 28, 2008**

**Overview:** According to "Circuit Hikes in Shenandoah National Park", Potomac Appalachian Trail Club, 14<sup>th</sup> edition, 1996: "The stream, Jeremy's Run, is one of the most beautiful streams in the Park." The trail that follows Jeremy's Run crosses the stream 14 times. **Saturday**-Leave Chevy Chase United Methodist Church at 7:30 am; drive 2 hours to the Skyline Drive, Elkwallow Picnic Area just south of Elkwallow Wayside near Milepost 24. From this staging area we will embark on the Jeremy's Run hike to the base of Jeremy's Run Creek, where we will camp for the night. **Sunday**-We will ascend the mountain via Jeremy's Run Trail, crossing the creek numerous times, to the trailhead where we began Saturday. We will depart for home at Noon. We will stop for lunch about 1 PM in Warrenton. We will depart lunch at 1:30 PM for an arrival back at the Church at 3:00 PM.

**Day Hike Option:** For those who choose not to backpack camping gear in and out, there will be the option of Jeremy's Run or Over Run Falls on Saturday prior to dusk. These folk can return to the Mathew Arms Campground near Elkwallow Wayside where they can do "car camping" (meaning the gear is carried in the car trunk) for the night. Reservations Required for this option.



**Assemble: 7:30 am Saturday at Chevy Chase UMC**

**Return: 3:00 pm Sunday, Chevy Chase UMC**

**Emergency Contact: Mr. Rose's Cell 301-807-6441**

**Fee:** \$15 each for transportation, unless parent is driving.  
Car Camping add \$7 pp for the camp site fee.

**Food:** Bring ready-to-eat lunch for Saturday, plus snack food for hiking.

Those spending the night should bring food to cook for dinner, and breakfast and snacks for Sunday. Bring money for Sunday lunch at a fast food restaurant. Adults will carry two (2) stoves plus fuel.

**Water:** Water will be available at the trailhead, and at the campsite. Adults will carry purification chemicals to treat water along the hike from natural sources. Everyone should carry 2 quarts/liters of water (fill up at home before you leave).

**Equipment:** Bring items listed on packing list on web site.

[http://www.t255.com/080518\\_PackingListForBackpacking.pdf](http://www.t255.com/080518_PackingListForBackpacking.pdf)

### **Directions:**

- o From the Virginia Capital Beltway I-495.
- o West on I-66 to Exit 43, US Route 29, Gainesville.
- o Take US 29 (south/west) toward Warrenton.
- o At Warrenton do not take bypass but continue into town.
- o Turn right onto US 211 (south/west).
- o Enter Shenandoah National Park.
- o Get on Skyline Drive at Thornton Gap (aka Panorama).
- o Head North on Skyline Drive to Elkwallow Picnic Area (just south of Elkwallow Wayside near Milepost 24).



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**APPROVAL / PERMISSION SLIP**

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Approval/permission is granted by the parents/guardians of Boy Scout \_\_\_\_\_ for their son/Scout to participate in the activities of Troop 255, Chevy Chase, Maryland, National Capital Area Council, Boy Scouts of America.

Approval/permission is granted to the adult members of Troop 255 to authorize treatment of the Boy Scout named above in the event of an accident or emergency. Adult members of Troop 255 that authorize treatment of the Boy Scout in the event of an accident or emergency shall be released from any or all liabilities.

Necessary Local and national tour permits will be obtained by Troop 255.

This approval/permission is valid for the September 27-28, 2008 Jeremy's Run Trip in Shenandoah National Park, Virginia originating and concluding at Elkwallow Picnic Area near Milepost 24 on the Skyline Drive.

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**Parent Signature**

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**Parent Name (Print)**

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**Date**

Contact Tel. \_\_\_\_\_