

Conestoga Trail-Pinnacle Outlook to Martic Forge,PA

Saturday, November 15–November 16, 2008

Overview: Hike the Conestoga Trail from Pinnacle Outlook to Martic Forge, PA. The hike is a strenuous 8.8 miles, broken up into 2 segments:

Saturday- Two levels of difficulty: 1) hike with day-packs only. 7.0 miles from Pinnacle Outlook to Pequea Creek Campgrounds. The first 5 miles is Strenuous, with several rises and falls of up to 500 feet within short distances. There are spectacular overlooks of the Shenandoah River Valley, Lake Aldred, wilderness, and a schist cave. After Pequea Creek town, the trail follows a unique 2 mile road and trail past vacation homes and private piers that give new meaning to the word “rustic.” The campgrounds will be a level field right next to a stream – whose access is a ford, and a great maintained open field and track. Note: The van will carry gear to the camp site. There will be a fire! 2) For those who want a difficult backpacking experience, 4 mile hike first day with a dry camp. No fire permitted.



Sunday 1) Easy crew: 1.8 mile easy hike up Pequea Creek. Visit a well maintained and long wooden bridge. 2) 2 miles difficult hiking, the rest flat. After the hike, we will visit historic Lock 12 of the Susquehanna and Tidewater Canal, and walk the floor of the Shenandoah River below Holtville Dam.

Assemble: 7:30 AM Saturday, November 15th, 2008 at Chevy Chase United Methodist Church (CCUMC).

Return: 2:30 PM Sunday, November, 16th, 2008 at CCUMC.

EMERGENCY CONTACT - Mr. Rose's Cell: 301-807-6441

Special Considerations:

- 1) The trail is steep, covered with schist rock, wet and slippery. Everyone must have hiking boots to protect ankles and feet.
- 2) Participants who want to enter the cave must have two light sources each. Access will be limited to walk-in areas only.
- 3) Wear layers. You will quickly overheat on the climbs, then cool down on the flats.

Prepare and carry lunch and snacks for the hike. This is a strenuous hike. You will want snacks.

Cost: \$10 for transportation, \$5 camp fees. Check payable to “BSA Troop 255.”
Call Keith Pierce @ 301-951-5290 with any questions.

APPROVAL / PERMISSION SLIP

Approval/permission is granted by the parents/guardians of Boy Scout _____ for their son/Scout to participate in the activities of Troop 255, Chevy Chase, Maryland, National Capital Area Council, Boy Scouts of America.

Approval/permission is granted to the adult members of Troop 255 to authorize treatment of the Boy Scout named above in the event of an accident or emergency. Adult members of Troop 255 that authorize treatment of the Boy Scout in the event of an accident or emergency shall be released from any or all liabilities.

Tour permits will be obtained by Troop 255 as required.
This approval/permission is valid for the Nov. 15-16, 2008 Conestoga Trail, Pinnacle Outlook to Martic Forge, PA.

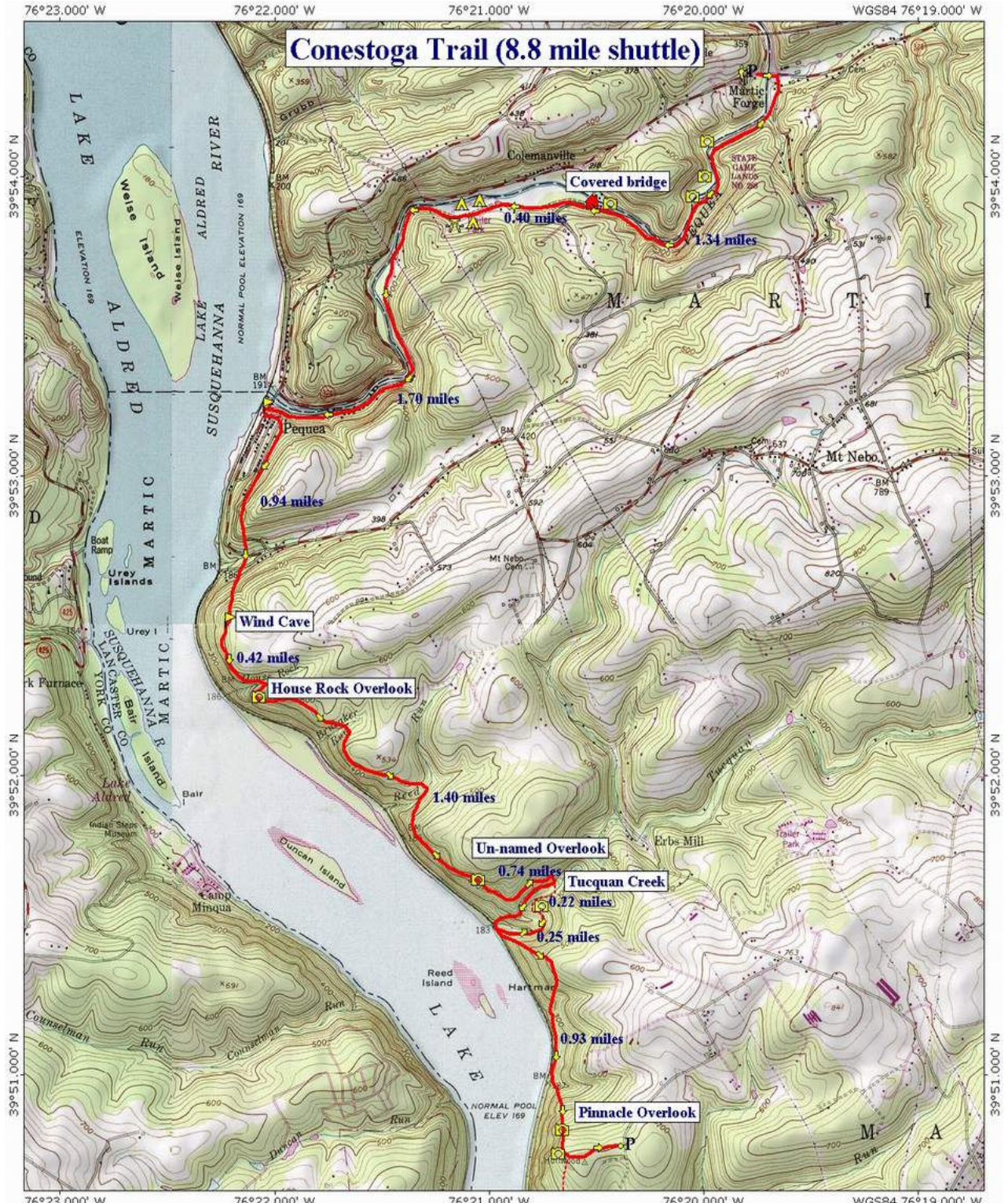
Parent Signature

Parent Name (Print)

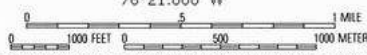
Date

Emergency Contact Number

I can drive and carry _____ people including myself.



Conestoga Trail (8.8 mile shuttle)



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