

## Pre-Shakedown Philmont Personal Gear List

### Cum Item

#### Wt. Wt. Item Description (Weight is in lbs and tenths of lbs)

- ☞ 5.0 5.0 Pack properly fitted for your body.  
(external frame-4000 cu in +/- ; internal frame-4800 cu in +/- )
- ☞ 9.3 4.3 Water, 2 qts or liters (water is 1 lb per pint)
- ☞ 12.8 3.5 Sleeping Bag (in waterproof bag)
- ☞ 15.8 3.0 Your Part of Tent (divide weight equally among occupants)
- ☞ 16.5 0.7 Raingear (Coat, Hat or Hood, Pants or Durable Poncho) . Rain suit is preferable to poncho.
- ☞ 17.0 0.5 Pack Cover (for protection from rain while hiking or camped)
- ☞ 17.5 0.5 Sleep Pad. (Foam pads can't spring a leak like inflatables)
- ☞ 18.0 0.5 Extra Pants. (in plastic bag)(compact, light weight, synthetic) . (Convertible [pants/shorts])  
pants offer most flexibility for least amount of weight.)
- ☞ 18.5 0.5 Extra Shirt (in plastic bag)(compact, light weight, synthetic)
- ☞ 18.7 0.2 Extra Socks. (liner & outer socks) (at least two pair of each) (in plastic bag)
- ☞ 18.9 0.2 Waterproof socks or plastic bags that fit over socks (in case boots get wet)
- ☞ 19.1 0.2 Headlamp (preferred) or Flashlight (with fresh batteries)
- ☞ 19.3 0.2 Spoon or spork
- ☞ 19.5 0.2 Personal First Aid Kit
- ☞ 19.7 0.2 Rope or parachute cord, 10 ft
- ☞ 19.8 0.1 Matches & Fire starters (in waterproof container) (to be placed in bear bag at night)
- ☞ 19.9 0.1 Whistle
- ☞ 20.0 0.1 Personal Items (Toothbrush, Paste, Meds, Safety Pins) Note: all smellables go in personal  
stuff/ditty bag for placing in bear bag at night.
- ☞ 20.1 0.1 Trash Bags 2)(for yucky stuff, packing out trash and backup rain protection)
- ☞ 20.2 0.1 Knife. (Consider sharing with a buddy to save overall weight)
- ☞ 20.3 0.1 Compass, Map, Pad, Pen (in plastic bag)
- ☞ 20.8 0.5 Sleep clothes (so day clothes can go in bear bag)
- ☞ 22.3 1.5 Closed toed water shoes or sandals for rocky creeks and campsite (as light as you can find)
- ☞ 22.5 0.2 3rd quart of water (empty) for when we need to pack more water
- ☞ 22.6 0.1 Balaclava (in plastic bag) (pack w/ long johns)
- ☞ 23.6 1.0 Long johns (in plastic bag) (use as pillow)
- ☞ 23.8 0.2 Stuff Sack for personal items that go in bear bags.
- ☞ 24.0 0.2 Under pants. (in plastic bag)(synthetic)
- ☞ 24.5 0.5 Fleece or sweater for colder nights. (lightweight, synthetic)
- ☞ 24.6 0.1 Extra straps for attaching items to backpack. (like tent parts, sleeping bag, or stuff sack)
- ☞ 14-16 lbs pp **Food & Snacks (for Philmont food and snacks will be supplied)**
- ☞ 6-9 lbs pp Common Gear

### Wear:

Boots, broken in (waterproof)(large enough to allow toes to wiggle when wearing liner and outer socks)  
(lightweight preferable)

Liner Socks (1<sup>st</sup> layer)(synthetic)

Outer Socks (2<sup>nd</sup> layer)(synthetic or wool)

Pants w/ belt (2<sup>nd</sup> layer)(synthetic, at least one long pants)

Shirt (1<sup>st</sup> & 2<sup>nd</sup> layer)(synthetic, at least one long sleeve)