

2011 Conestoga Trail Gear List – What to Bring

ESSENTIAL gear for hike to be taken by each participant:

- o Permission slip signed by parent
- o \$15 fee for transportation and camp fees
- o Day pack (**Use zip-lock bags to keep items dry and clean**)
- o Water (2 quarts/liters)
- o Ready-to-eat lunch and snack food
- o Rain gear
- o Extra clothing for warmth including gloves and hat
- o Gloves for inside cave that can get dirty.
- o Lights (2) – 1 light can be a headlamp, if you have one. Recommend one be a light that casts a beam. Many of our headlamps provide relatively dim localized light that is not so great for looking in the distance for passages in a cave.
- o Hard hat or bike helmet to protect your head inside cave.
- o 10' length of rope
- o Sturdy boots
- o Note: Be prepared – Expect to get your clothes and daypack dirty.

Gear for camping:

- o Normal gear for winter camping - if you don't know ask someone or Click on Pack Lists at the Troop web site at <http://www.t255.com>
- o Food: Sat lunch - ready-to-eat lunch brought from home PLUS snacks
Sat dinner – Patrol cooking (check with Patrol Leader for responsibilities)
Sun breakfast - Planned by patrol (check with PL for responsibilities)
Sun lunch - Stop at fast food restaurant (BRING LUNCH MONEY)

Group gear:

- o Rescue rope
- o First aid kit
- o Latrine kit
- o Cell phone
- o Compass/GPS
- o Maps
- o Water treatment